

tears she had shed, and Pedro was sitting unrebuked on his mother's shell work.

And then, with one accord burst forth that divine desire *to help*, that grows everywhere like some beautiful heavenly flower on the mould of earth's decay, and that, after all, is the foundation of all true womanhood, trained or untrained, all the world over, the mainspring round which the Nursing World revolves, the centre round which our Chilian Sisters of Mercy, denominational or non-denominational, move as truly as the cultured Nurses of St. Bartholomew's or St. Thomas, that, wherever it draws women on to kindly deeds, is the bond of that greatest and most cosmopolitan of Sisterhoods, in which all are the daughters of the great family of eternal love, and have one Father.

(To be continued.)

Preparations, Inventions, etc.

KKOVAH JELLIES.

The difficulty which most Nurses experience in persuading patients who are convalescing from serious illnesses to take sufficient nourishment, makes the question of palatable foods of the greatest interest and importance. We are, therefore, pleased to be able to draw the attention of Nurses to the Kkovah preparations which have recently been brought to our notice. The Kkovah Jellies can fairly be described as delicious, and their flavour seems to confirm the claim that is made for them that they are flavoured with the actual and unadulterated juice of the fruits, by whose names the jellies are described. These jellies are not only most palatable, and, therefore, appreciated by invalids, but as they are also most nutritious they form a valuable addition to the dietary of the sick. So far as the healthy are concerned, we can only advise our readers to write to Messrs. Sutcliffe and Bingham, of Manchester, who inform us that they will be pleased to supply any Nurse with a sample. Then, they will not require any further recommendation, but will probably, to parody an old advertisement, proceed to try the Kkovah Custard Powder, Lemon Curd, and Health Salt, each of which they will find equally excellent.

CALVERT'S SHAMPOO SOAP.

Calvert's Carbolic preparations are household words in the nursing world; therefore, the complete freedom from any of the harmful ingredients—which so many cosmetic preparations contain—of Calvert's Shampoo Soap and the same firm's Carbolic, Prickly Heat, and Bath, Soaps may be confidently relied upon. We would draw the special attention of our readers to the first-named, because all Nurses know the difficulties of disinfecting the hair after any exposure to infection, or even from the germs which infest all Hospital wards. For simplicity and efficiency we do not know anything which surpasses this Shampoo Soap. About an ounce is put in a basin and half a pint of boiling water poured upon it. The soap is beaten into a froth with a brush, and when cool enough is applied freely to the head; being well rubbed into the skin. The hair is then rinsed with three or four changes of warm water, and finally with quite cold water. It should then be well dried, and combed. This leaves the hair shiny, exquisitely soft, and antiseptically clean.

Cookery and Food Exhibition.

THE Cookery Exhibition, which has now become an annual institution, was this year held at the Imperial Institute, South Kensington. The centre of the long and narrow hall was principally devoted to tables laid out with most appetising dishes, dainty home-made sweets, etc., while on each side were the stands of the many exhibitors. We noticed that Miss Maude Earle, whose name is well known to nurses as a teacher of sick room cookery, took a gold medal for the excellence of her exhibit, and indeed the dishes which she showed were calculated to entice the most capricious appetite. Amongst the firms to whom medals were awarded, Messrs. Welford and Sons, Limited, of Elgin Avenue, Maida Vale, whose sterilized and other milks, specially useful for invalids, are known to our readers, received a silver medal.

An exhibit which attracted a considerable amount of attention, especially amongst housewives, was the patent triple simplex suet and vegetable chopper, slicer and grater, shown by Messrs. Chas. E. Braun and Co., 36, Gray's Inn Road, E.C. It appears to answer its purpose most admirably, and costs only the sum of one shilling. Various meat cutting machines were also on view. One shown by the Alexander Manufacturing Co., 42, Moor Lane, Fore Street, E.C., apparently fulfilling its functions excellently. It should be of great use in hospitals in the manufacture of beef-tea, and the meat juice extractor by the same firm is a most useful invention. Another chopper was the Universal Food Chopper, which chops not only meat but vegetables. This was shown by Messrs. W. E. Peck and Co., 8, Bradford Avenue, E.C.

The New Hygienic Vegetable Rack, for storing small quantities of vegetables, shown by the Household Supply and Atmospheric Churn Company, Limited, was a useful and cleanly contrivance. Amongst the food preparations we specially noticed those of Messrs. H. J. Heinz and Co., of Pittsburg, U.S.A., and which can be obtained of most grocers. Their tomato soup is a most delicious preparation, with a creamy flavour, and would be a veritable boon where a variety is unobtainable.

Messrs. Yeatman and Co., Limited, of Denmark Street, E., were dispensing coffee, made from their coffee extract, which really tastes of coffee, and has not the peculiar and unmistakeable flavour of most extracts, while their ginger marmalade should certainly be on every breakfast table. We must draw attention also to the preparations of Th. Marquis and Cie, of 74, Tottenham Court Road, whose potted meats in glasses are excellent, and who provide every kind of preserved dainty. Messrs. Shippam, of Chichester, showed fowls' breasts in jelly in bottles, and other things delectable for the epicure and the invalid.

The British Preserving Company of Rayne, Braintree, Essex, had a most interesting exhibit of various vegetables which had been preserved, and reduced in bulk, by evaporation and compression. The value of such vegetables, in hospitals abroad, where fresh vegetables are scarce, or unobtainable, would be immense, and these preparations, we feel convinced, only need to be known for their usefulness to be appreciated.

(To be continued.)

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